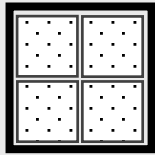


## Spring Bird Migration is Here!

In spring, migratory songbirds travel through or to our area between March 1 and June 15. You can help birds succeed on their journeys by following these steps: **Protect. Report. Rehabilitate.**

### Protect.

#### **Break the reflection!**



Bird-window collision, or “strikes,” are the leading cause of human-caused bird mortality.

**1.28 billion birds are killed each year in the US from collisions with glass.**

Strikes happen because birds cannot distinguish real habitat and open sky from reflections. Humans interpret visual cues, like window frames and door handles. **Birds do not.**

**Sponsor a handmade paracord [BirdSaver](#) for your office window for only \$15!**

#### **Lights out!**



Light pollution can confuse birds that rely on stars and the moon for navigation, drawing them into brightly lit built-up areas where food is scarce and the risk of window strikes is higher.

**Nearly all North American birds – some 80% – migrate each spring and fall. Of those species that migrate, 70% travel at night.**

A 2023 [study](#) in Science reported that the night sky has gotten ~10% brighter **every year** since 2011. **Turn out your office lights when you leave in the evening.**

### Report.

#### **Collect the data!**



A reportable strike includes audible “thuds,” visible strikes where you see the bird fly away after a hit, and dead birds at the base of windows or doors. Take a picture, if possible, note the time and location, and submit a report to [dBird](#) or email [LEISC](#). You do not need to know what kind of bird it is to submit a report.

### Rehabilitate.

#### **Seek help!**



If you find an injured bird (or any animal, for that matter) on the Lamont campus, **contact Rockland County’s wildlife rehabilitators** and follow their guidance. Do not move baby or “abandoned” animals without consulting a professional. Often, they have not actually been abandoned.



<https://www.rocklandwildlife.org/>